

VEGETARIAN

Dal Makhani	14.00
Urad dal (black lentils) cooked in traditional Punjabi spices	
Pumpkin Masala	15.00
Diced pumpkin tempered with onion, fennel seeds, fenugreek and finished with chef's own sauce	
Aloo Mutter	15.00
Chunky potato and peas cooked in a mild curry sauce	
Shahi Paneer (mild)	15.00
Home made cottage cheese served in a delicious tomato based light cream sauce with authentic spices and crushed cashew nuts	
Aloo Gobi	15.00
Cauliflower and potatoes tossed in northern Indian spices, served with spring onions and coriander	
Saag Aloo	15.00
Fresh spinach and potatoes cooked with traditional northern Indian spices	
Saag Paneer	15.00
Fresh spinach and home made cottage cheese cooked with traditional Punjabi spices	
Mixed Vegetable Curry	15.00
Fresh seasonal vegetables tossed with garlic, ginger, coriander and light spices	
Aloo Baigan	15.00
Eggplant and potato cooked in light spices	
Vegetable Korma	16.00
Fresh seasonal vegetables cooked with mild spices in a cashew sauce and finished with a dash of cream	
Kashmiri Vegetables (mild)	16.00
seasonal vegetables cooked with mild spices in a northern Afghan/ Kashmiri style sauce with a dash of cream	
Channa Masala	15.00
Chickpeas cooked with fresh tomato, cumin and traditional spices	
Malai Kofta	16.00
Dumplings made from cottage cheese, nuts, and minced fresh vegetables, cooked in a mild creamy gravy	
Chilli Cheese (medium or hot)	16.00
Home made cottage cheese cooked with onion, capsicum, green chilli and chef's special spices	
Chilli Mushrooms (medium or hot)	16.00
Mushrooms cooked with onion, capsicum, green chilli and the chef's special spices.	

TANDOORI WRAPS

Chicken Wrap	15.00
Chicken tikka, mix salad, roti and mint sauce	
Lamb Wrap	15.00
Seekh kebab, mix salad, roti and mint sauce	

RICE AND BIRYANI

Basmati Rice	Small 6.00	Large 9.00
Saffron Rice	Small 8.00	Large 10.00
Coconut Rice	Small 9.00	Large 13.00
Kashmiri Rice	Small 9.00	Large 13.00
Vegetable Rice	Small 9.00	Large 13.00
Biryani Rice:	Large 20.00	
Your choice of Chicken / Lamb / Beef cooked in basmati rice		

TANDOORI BREADS

Roti	3.00
Organic whole meal flatbread cooked in the tandoor oven	
Garlic Roti	4.00
Roti finished with garlic spread	
Naan	3.00
Flatbread made with plain flour, cooked in the tandoor oven	
Garlic Naan	4.00
Naan finished with garlic spread	
Aloo Paratha	4.00
Naan stuffed with spicy potatoes	
Garlic Masala Naan	4.00
Plain flour tandoori bread finished with garlic and masala spices	
Masala Kulcha	4.00
Naan stuffed with spiced potatoes and cottage cheese	
Kashmiri Naan	4.00
Naan filled with dried fruit and nuts	
Keema Naan	4.00
Naan stuffed with lamb and authentic spices	
Cheese Naan	4.00
Naan stuffed with cheese	
Cheese Garlic	5.50
Naan stuffed with cheese and topped with garlic	
Punjabi Naan	5.50
Naan stuffed with cheese, spinach, and fresh coriander	
<u>SIDE ORDERS</u>	
Green Salad	10.00
Onion / Green Chilli Salad	8.00
Mango Chutney (mild, sweet)	3.00
Mixed Pickle (med-hot)	4.00
Raita	5.50
Yoghurt mixed with cucumber, carrots and light seasoning	
Pappadums (5 pieces)	4.00

the rasoi

tandoori indian kitchen

TAKE AWAY MENU

**FULLY LICENCED & BYO
(WINE ONLY)**

PH 5984 2777

168-170 Ocean Beach Rd, SORRENTO

**Open 7 Days
Lunch (booking essential)**

Dinner 5pm till late

Open Public Holidays

www.therasoi.com.au

ENTRÉE

Vegetable Pakoras	7.00
Lightly spiced assorted fresh vegetables dipped in chickpea batter and shallow fried	
Onion Bhaji	7.00
Spiced slices of onion dipped in chickpea batter & shallow fried	
Vegetable Samosa (2 pieces)	8.00
Pastry pyramids stuffed with lightly spiced peas and potatoes	
Mushroom Pakora	9.50
Lightly spiced mushrooms rolled in a chickpea batter & shallow fried	
Chicken Pakora	12.50
Tandoori marinated chicken fillets rolled in a light chickpea batter and shallow fried	
Fish Pakora	14.50
Mild tandoori marinated fish fillets rolled in a light chickpea batter and shallow fried	
Prawn Cutlets (6 pieces)	18.50
Marinated tiger prawns rolled in a light chickpea batter & shallow fried	
<u>TANDOORI ENTRÉE</u>	
Tandoori Mushroom	10.50
Traditionally marinated mushrooms roasted in our tandoor oven	
Seekh Kebab (4 pieces)	11.50
Minced lamb with a hint of ginger, garlic, fresh coriander and freshly ground spices, skewered and cooked in our tandoor oven	
Chicken Tikka (4 pieces)	13.50
Boneless chicken marinated in yoghurt, special herbs and light spices, cooked in our tandoor oven	
Tandoori Chicken (3 pieces)	13.50
Tender chicken marinated with yoghurt, special herbs and light spices, cooked in our tandoor oven	
Barra Kebab (4 pieces)	16.50
Lamb cutlets marinated with special herbs & authentic spices	
Rasoi Platter	25.50
Our popular mouth watering platter has a selection of tandoori specialties	

MAINS

SEAFOOD

Butter Prawns (mild)	22.00
Tiger prawns cooked in our famous creamy tomato based sauce	

Prawn Masala (medium)	22.00
Tiger prawns tossed with onions, capsicum and masala gravy with a dash of coconut milk	
Prawn Vindaloo (medium or hot)	22.00
Tiger prawns cooked in our homemade spicy vinegar based curry	
Vindaloo Fish Curry (medium or hot)	22.00
Fillets of fish cooked in our famous spicy vinegar based curry	
Goan Fish Curry	22.00
Fresh fillets of fish prepared with our own special spices, finished with a dash of coconut milk	
Seafood Platter	30.00
Marinated tiger prawns, fish of the day, and various seafood - slow cooked in our tandoor oven and served on a sizzling hot plate	

CHICKEN

Butter Chicken	18.00
Our famous Butter Chicken contains boneless chicken with light spices and crushed cashew nuts in a pureed tomato sauce	
Chicken Korma	18.00
Boneless chicken cooked with cashew paste and yellow gravy with a dash of light cream	
Chicken Tikka Masala	18.00
Marinated chicken fillets, cooked in our tandoori oven, then pan fried with diced onions, green capsicum and a mild red gravy	
Saag Chicken	18.00
Tender chicken fillets cooked with Punjabi style spinach, and a hint of fenugreek and coriander	
Punjabi Chicken	18.00
Marinated chicken fillets, pan fried with diced green capsicum, onion, and tomatoes with a yellow gravy	
Chicken Jalfrezi	18.00
Tender boneless chicken pan-fried with capsicum, tomato and special spices in a light sweet and sour gravy	
Chicken Chickpea Masala	18.00
Marinated chicken fillets, cooked in the tandoor oven, then pan fried with chickpeas and a traditional masala gravy	
Chicken Madras	18.00
South Indian dish made with curry leaves, coconut milk & mustard	
Chilli Chicken	18.00
Chicken fillets cooked with onion, capsicum, green chilli and chef's special spices	
Chicken Vegetable Curry	18.00
Chicken fillets cooked with onions, garden vegetable's and chef's special spices	

LAMB

Rogan Josh	20.00
Lamb slow cooked with yoghurt, onion, garlic, ginger and tomato	
Lamb Coconut (medium or hot)	20.00
Tender lamb cooked in a yellow coconut gravy	
Kashmiri Lamb	20.00
Lamb cooked in a mild creamy sauce with dried fruit & nuts	
Saag Gosht	20.00
Lamb pieces cooked with spinach, fenugreek and a hint of coriander	
Lamb Do Piazza	20.00
A dry dish: tender lamb well seasoned in authentic spices, cooked with onions, tomato, capsicum and coriander	
Lamb Korma	20.00
Succulent lamb cooked with cashew paste and served in a mild yellow gravy, with a dash of light cream	
Lamb Vindaloo (medium or hot)	20.00
Tender lamb cooked with homemade vindaloo paste	
Chilli Lamb (medium or hot)	20.00
Tender lamb cooked with onion, capsicum, green chilli and spices	
Lamb Vegetable Curry	20.00
Lamb cooked with onions, garden vegetable's and chef's special spices	

BEEF

Beef Vindaloo (medium or hot)	20.00
Beef marinated overnight in vindaloo paste and special tangy spices	
Beef Madras (medium or hot)	20.00
Beef chunks cooked in coconut milk and authentic Sth Indian spices	
Kashmiri Beef	20.00
Beef in a mild creamy sauce with fennel seeds, dried fruit & nuts	
Bombay Beef	20.00
Traditional beef curry cooked with potatoes and onions	
Beef Korma (mild)	20.00
Beef cooked in mild yellow cashew gravy with a dash of light cream	
Beef Saag Wala	20.00
Choice beef pieces cooked with spinach, fenugreek and coriander	
Chilli Beef (medium or hot)	20.00
Tender beef cooked with onion, capsicum, green chilli and spices	
Beef Vegetable Curry	20.00
Beef cooked with onions, garden vegetable's and chef's special spices	